The Shuttle

Time flies faster than a weaver's shuttle.



Our girls 'connect' and 'look outwards daily' to make a positive impact on our world

Mrs Megan Krimmer, Headmistress

Our girls, Pre-K to Year 12, are intrinsically connected in their passion and determination to serve/help others, as well as to work hard and to develop practical ways in which we can look after our fragile environment.

In Senior School assembly this week, Our Vice Head Prefect – Service, Davina Chan, proffered the phrase, 'looking outwards' daily as a very helpful definition for the term 'to serve'. This definition eliminates possible negative connotations of 'service', such as being 'subservient' and instead, challenges our girls to look beyond themselves and their phones, and to 'look up and to look out' for others (all others).

Our girls across the whole school take up this challenge daily, as they continually raise awareness and funds for those who are in need. They also provide hands on, practical support. The Junior School's long-running weekly contribution to World Vision and our partnership with

Bunda Girls' Secondary School as well as our boarders' contributions towards the Royal Flying Doctor Service are but a few of many examples of the ways in which our girls work to support others.

The definition, *looking outwards daily* can also be applied to how we treat our environment. Instead of taking things for granted, our girls try to 'look outwards' and ensure that we are contributing positively rather than negatively – such as unthinkingly doing damage by not disposing of rubbish appropriately and so on.

Some of the many positive contributions we are making to our environment as a whole school were presented by our very proactive Environment Council, who together with the Service Council, gave a fantastic presentation at our Senior School assembly this week.

I commend to you the girls' inspirational presentations – it is certainly heart-warming to see our girls so beautifully connected in their passion to make a positive difference in our world.

GLOW Festival Monday 16 June

We are also greatly looking forward to our GLOW Festival being held on the Senior School campus on Monday 16 June from 5.30 pm. With installations and activities created by students from the ELC to the Senior School, plus music, dance, stalls, food trucks and more, there really is something for everyone. I look forward to seeing you at our last community event for the term.

Please <u>click here</u> to download the program of events and activities.





Looking outwards daily - Our environment

Riya Jayakanthan, *Environment Prefect 2024/25* and Yilin Guo, Anna Wallwork and Zhujin Zhang, *Year 11*

Today we have an Enviro update to give you an idea of what Abbotsleigh is doing to support the environment and how you can help too.

What is Abbotsleigh doing for the environment?

We are really fortunate to be at a school that is genuinely committed to sustainability. From large-scale renewable energy projects to small, everyday changes, Abbotsleigh is making environmental responsibility a long-term priority.

Long term solar and wind contracts

Abbotsleigh now sources around 70% of its electricity from solar and wind farms in NSW and these long-term contracts will carry us through to 2033. This reduces our carbon footprint dramatically and supports the renewable energy industry in Australia.

On-site energy generation

We also generate electricity on-site through solar panels installed on buildings like the Science building, the Chapel, the Junior School and the iHub, with more installations to be completed over the next two years. Twenty percent of our total electricity requirement is sourced from on-site solar.

Electricity efficiency

Electric buses are already running on the North Shore route, with a full rollout on all main routes expected in 2025. Abbotsleigh has also replaced all electric water heaters with efficient heat-pump systems, which use one-third of the energy consumed by the old units. Plus, smart lighting and aircon systems now reduce waste even more.

Waste recycling

Abbotsleigh's plastic and paper waste gets sent to Doyle Bros to be recycled and all green waste is now recycled either on- or off-campus. On-site organic food waste is going to be processed in the new cafeteria through a Pulpmaster unit, which will turn all our food waste in the School into sustainable organic fertiliser and green energy.

What can you do?

Now that we've taken a look at what Abbotsleigh is doing, what can you do to make a difference at school? We've got four practical and easy ways you can help out, starting today.

Terracycle – stationery recycling

Terracycle stationery recycling boxes are located outside each Year Coordinator's office in the Senior School. You can drop in used pens, markers, whiteout and other stationery waste that would otherwise end up in landfill.

Bottles for Bunda

Year 9 is leading a fantastic initiative: Bottles for Bunda. They're collecting and recycling bottles to raise funds for Bunda Girls' Secondary School. The Environment Council also dismantled the Brave the Waves bottle display to reuse the materials for this cause. So please support their effort by recycling your bottles outside Dr Russell's office.

Reduce plastic disposables

Single-use plastics like cutlery, plastic wrap and glitter have a huge environmental cost. Using disposable plastics in the big 2025 is crazy considering nearly one million tonnes of microplastics enter the ocean each year.

Reduce paper waste

Did you know the average Australian uses around 230 kg of paper every year? To reduce your paper waste, consider thinking before you print.

Finally

... Small actions make a big difference, and together we can help Abbotsleigh **bee** more sustainable. Thank you!







Looking outwards daily – Service Council 2025

Davina Chan, Vice Head Prefect - Service and the Service Council

I'd like to propose a... definition of 'serve': To look outwards daily instead of looking in.

This can be through offering your time, energy and resources to make a difference to others – no matter how big or small.

Philippians 2:3 puts it this way, 'Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves.'

It's not about thinking of yourself **as** *l*ess, but thinking **of** yourself *l*ess, and thinking of **others** *more* – looking to put others first.

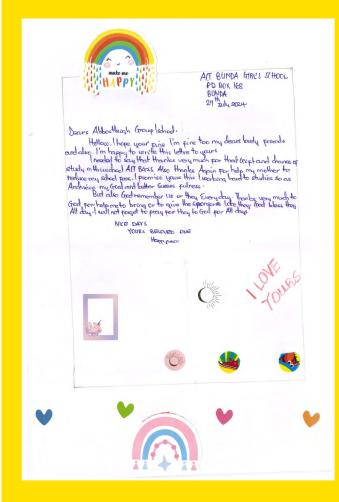
Now, we actually all have a great opportunity to look outwards and make a lasting difference to girls our age in a different continent. As you all already know, Abbotsleigh has a continuous, special partnership with Bunda Girls' Secondary School, an Anglican boarding school in Tanzania.

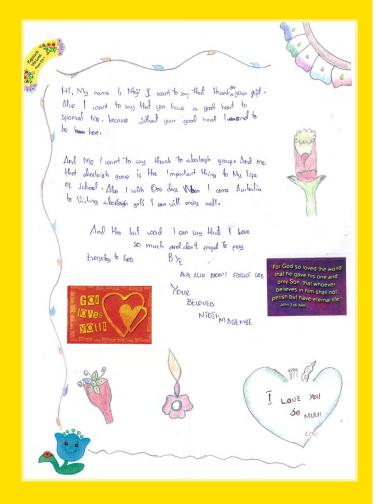
Getting to go to high school is not the norm in Tanzania at all. In fact, only 39% of girls are enrolled in secondary school and only 27% go on to complete it! This is due to pressures like arranged marriage, early pregnancy or financial hardship.

However, because of our efforts to fundraise and sponsor girls, six girls now have the chance to further their education, opening many doors for their future! These girls all have dreams and aspirations like all of us – like Ntoji wanting to be a doctor, Happyness and Yvonna wanting to be pharmacists, and the rest all wanting to be nurses!

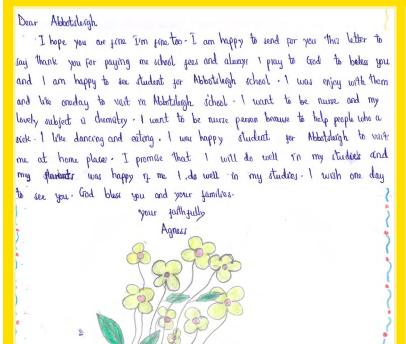
And, as you know, this partnership isn't one-sided. We also get some insights into what their lives are like.

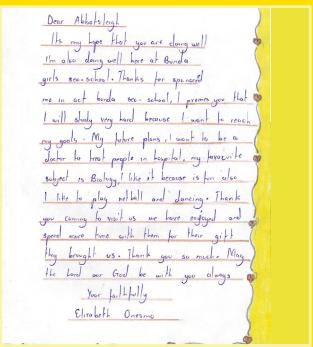
Here are some letters that the girls have written to us:











Abbotsleigh Old Girl Helen Hoskins (1969) who founded Bunda Girls' Secondary School, is about to head back to Tanzania, taking some letters from our girls too. So, we will hear more updates soon. In the

meantime, there are many opportunities to serve and continue to support these girls' lives and education.

Chaplain

Shabbots 2025

Rev Polly Butterworth Chaplain

Each year over the June long weekend, Abbotsleigh and Shore team up for our annual CRU camp called Shabbots – this year with 140 students!

For the 2025 camp, the theme was 'God Talks: We Listen', with talks from John thinking through God's revelation to us in Jesus.

Student leaders from each school spent months organising games, discussion groups and the dress-up night, which had a celebrity-murder-mystery themed game, a disco and a fire.

Students attended seminars on the historicity of the Bible, how God sees our bodies, evangelism, faith and phones, and quiet reading. They also wrote 'warm and fuzzies' to each other, filled with encouraging words.

Some of the feedback included comments such as, "I really liked the talk about phones and faith, prayer, the silent times and the group activities like the murder mystery." And "I loved the fellowship and the time spent meeting new people and connecting. Shabbots will undoubtedly be one of my leaving highlights."





Upcoming events

WHOLE SCHOOL

GLOW Festival	Monday 16 June	Senior School campus
Term 2 concludes	Thursday 26 June	
Online registration is now open for Year 7 2027 scholarships for girls currently in Year 5		Click here to apply
Wellbeing webinar – Navigating Friendships – Michelle Mitchell – free to all Abbotsleigh parents and staff	Available from 11 June until 23 July	Click here to register
Wellbeing webinar – Carrots and Sticks – Better ways to build Boundaries with Your Kids – Justin Coulson – Free to all Abbotsleigh parents and staff	Available from 11 June until 23 July	Click here to register
SchoolTV program – student wellbeing resouces	Available to all parents on the Parent Portal	Click here to watch

JUNIOR SCHOOL

IPSHA Saturday sport	Saturday 14 June 8 am-12 noon	See team sheets for times and venues
JS Production dress rehearsal and photographs	Saturday 14 June 2-5 pm	Everett Hall
Year 5 Micro:bit market	Monday 16 June 9-10 am	Bundarra Court
5D nursing home visit	Tuesday 17 June 11 am-2 pm	
Kindergarten 2026 Parent Information Evening	Tuesday 17 June 7-8 pm	Auditorium
JS Production matinée performance	Wednesday 18 June 12.50-1.50 pm	Everett Hall
10 UR STRONG friendology session	Wednesday 18 June 1.40-2 pm	
JS Production evening performance 1	Thursday 19 June 7-8 pm	Everett Hall





Infants Athletics Carnival	Friday 20 June 9.40 am-2.30 pm	Junior School
1 UR STRONG friendology session	Friday 20 June 1.40-2 pm	
Competition chess	Friday 20 June 3-4.30 pm	
JS Production evening performance 2	Friday 20 June 7-8 pm	Everett Hall
IPSHA Saturday sport	Saturday 21 June 8 am-12 noon	See team sheets for times and venues
Year 6 Fundraiser	Tuesday 24 June 12.45-2 pm	JS Oval
Years 3 and 4 Kaboom music incursion	Wedneday 25 June 9.30-10.30 am	Everett Hall
Years 5 and 6 Kaboom music incursion	Wedneday 25 June 10.50-11.50 am	Everett Hall
JS House Cup	Thursday 26 June 1.40-2 pm	

SENIOR SCHOOL

Senior Production performance	Saturday 14 June 7-9 pm	Drama Studio
Year 7 Geography fieldtrip	Tuesday 17 June 8.20 am-3.25 pm	Bondi
Year 10 Lipman NEXGEN workshop	Tuesday 17 June 8.20-9.35 am	iHub
Year 8 Lipman NEXGEN workshop	Tuesday 17 June 9.45-11 am	
IGSA Archdale Debating vs Wenona	Tuesday 17 June 3.30-8 pm	Away
Term 2 sports photographs	Wednesday 18 June 12.45-2.05 pm	Judith Poole Sports Hall, Court 1
Years 7 and 8 Knox/Abbotsleigh collaboration	Wednesday 18 June 1.15-3.25 pm	Abbotsleigh
Year 9 Schubertiade (Elective Music students)	Wednesday 18 June 1.20-2.05 pm	PDCH
Lunchtime Futures: ICMS	Wednesday 18 June 1.20-2.10 pm	Careers Office (U5)
Talented Maths Day (Year 10 Maths 1 and 2 students)	Thursday 19 June 8.20 am-3.30 pm	Barker College
Year 8 Latin excursion	Thursday 19 June 8.20 am-3.25 pm	
Year 9 Elective Geography fieldtrip	Thursday 19 June 8.20 am-3.25 pm	Hawkesbury River, Brooklyn
Year 8 Chinese, French and German incursion	Thursday 19 June 8.20 am-12.45 pm	
Year 8 Musical incursion	Friday 20 June 2.10-3.25 pm	PDCH





Saturday sport	Saturday 21 June 8 am-12 noon	Click here for times and venues
Frensham Rugby 7s Gala Day	Saturday 21 June 12-5 pm	Frensham, Mittagong
Year 12 Speaking German Day	Tuesday 24 June 8.25 am-3.20 pm	Goethe Institute, Edgecliff
Year 12 Latin Study Day	Tuesday 24 June 8.45 am-3 pm	Barker College
Year 8 Musical Incursion	Tuesday 24 June 11.25 am-12.40 pm	PDCH
IGSA Archdale Debating vs Brigidine College	Tuesday 24 June 3.30-8 pm	Away
Young Curators exhibition opening	Wednesday 25 June 5.30-7 pm	Grace Cossington Smith Gallery
NASA/NYC tour parent meeting	Wednesday 25 June 6-8 pm	iHub
Women in Agriculture Breakfast	Thursday 26 June 7-8 am	SS Dining Room
Year 9 VA excursion	Thursday 26 June 8.20 am-3.20 pm	Art Gallery of NSW
Year 11 2026 Subject Selection Evening	Thursday 26 June 6.30-8.30 pm	
Boarder travel day	Friday 27 June	
Year 12 Formal	Friday 27 June 6-11 pm	Doltone House, Pyrmont

