# The **Shuttle**

Time flies faster than a weaver's shuttle.

# Nothing without joy

Ms Sally Ruston Head of Junior School

'Nothing without joy' are the famous words of the founder of Reggio Emilia – Loris Malaguzzi. We concur with this statement and, here at Abbotsleigh, we refer to learning being 'good, hard fun'. This is because we recognise, and research supports, that when we are motivated, fully engaged and curious, great learning that is 'sticky' and pervasive results. It is for these reasons that we as educators work with such determination to bring joy to learning both within and beyond the classroom.

This was seen very clearly today at the Junior School Colour Run and House Cup assembly. Learning how to be part of a community, how to contribute, how to encourage others and how to be gracious both in winning and defeat are all important life skills. The picnic lunches and Colour Run were this term's concluding activities as we celebrate 70 years of learning on the Junior School campus. Last year, when seeking the girls' suggestions through SRC, much featured on food and a fair-like atmosphere where we could come together to celebrate and have fun. Thus, today we enjoyed foods that first hit Australian menus in the 1950s including chiko rolls, fish fingers, chocolate crackles and fairy floss. The Colour Run in class groups, with teachers also fully involved, was a joyous activity, especially as we sought to attract or dodge powder at each fitness station. The final colour throw saw the air filled with colour and the pure joy on all our faces as can be seen from the images here.





The afternoon concluded with our traditional House Cup and the Senior School Prefects announcing the FUN and FINE Awards. Again, these activities have become our tradition in the Junior School and speak loudly to what we value. Our girls acquire house points for effortful endeavour and inclusive behaviours. This is done altruistically, not for self, but to see the entire House benefit. The FUN and FINE Awards 'call out' a girl at each stage of learning who has modelled a sense of fun, is unselfish, kind, inclusive and encouraging.



The term ended with much joy in the Senior School, too. On Tuesday, Music Prefect Sophia Chi and her team organised an outstanding and very joyous 'Brave the Sound Waves' music concert that the girls enjoyed very much indeed. Also, following on from the awards assembly last week, the Senior School final assembly saw girls in Years 8-12, nominated by and voted for by their respective year groups, receive highly prized Prefect Awards. Our Year 7 recipient will receive her award next term as Year 7 are on camp this week, and, despite the inclement weather on Tuesday afternoon/evening, the girls had a fantastic time away as they learnt to live as a member of a community and develop those very important life skills of perseverance and resilience while having lots and lots of fun (joy)!



ABBOTSLEIGH

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Term 1 has been action-packed and filled with so many joyous activities across the whole school, and it never ceases to impress us how enthusiastic, vibrant and inclusive all our girls are. Our teachers' and indeed, all our staff's, talent, dedication and sheer hard work for every girl, also never cease to impress us, and we are very grateful for all that they do.

While we never shirk from the need for explicit instruction and carefully scaffolded learning experiences for all our girls, we know that memories are made and moments are cherished as we connect with each other in experiences such as those so joyously celebrated today in the Junior School and on many days across the whole school.





# Chaplain

# Rest

Rev Sarah Hobba Senior Chaplain and SS Christian Studies Teacher

I was recently reminded of the story of two lumberjacks. Both worked the same hours, except one would disappear for an hour each day. Somehow the one who disappeared would cut more timber. When asked how this could be, the lumberjack replied that the hour was spent going home, eating lunch and sharpening his axe.

It has been a long term and the holiday break now allows us to find rest and restoration. This helps us to re-energise our bodies, minds and spirit. Rest is so important to our lives and it is also a preparation to have energy for things to come. Throughout the Bible, rest is important (Gen 2; Exodus 20:8-10; numerous Psalms). Jesus withdrew from crowds to pray and restore (Mark 6:31) and we should be encouraged to also remember to take the time as well. This break, our prayers for our Abbotsleigh community are for time to connect with others, to connect to God and/or God's beautiful world, to have time away from regular routines and for safety in travel.

#### Psalm 23:1-3

The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul.

#### Matthew 11:28-30

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

#### April 2024

# Upcoming events

## WHOLE SCHOOL

| Landscape, Existence – Julien Playoust                       | 4 to 27 April            | Grace Cossington Smith Gallery,<br>Senior School |
|--|--------------------------|--|
| Term 1 concludes   | Thursday 11 April        |  |
| Term 2 commences   | Tuesday 30 April         |  |
| Process and Practice: A Sculptor's<br>Eye exhibition opening | Saturday 4 May<br>2-4 pm | Grace Cossington Smith Gallery,<br>Senior School |
| Process and Practice: A Sculptor's<br>Eye exhibition         | Until Thursday 25 May    | Grace Cossington Smith Gallery,<br>Senior School |

### JUNIOR SCHOOL

| Friday 12 to Monday 29 April<br>7.15 am-6 pm | Junior School   |
|--|---|
| Tuesday 30 April to<br>Friday 7 June         | Junior School   |
| Wednesday 1 May<br>3.20-4.30 pm              | Junior School   |
| Thursday 2 May<br>3.20-4.30 pm               | Junior School   |
| Friday 3 May<br>3.20-4.30 pm                 | Junior School   |
| Friday 3 May<br>3.30-5.30 pm                 | Everett Hall  |
| Friday 3 May<br>5-8 pm                       | Online  |
| Saturday 4 May<br>8 am-12 noon               | See <u>Parent app</u> for team sheets and venues  |
| Saturday 4 May<br>2-4.30 pm                  | Everett Hall  |
| Monday 6 May<br>9.30-10.30 am                | Everett Hall  |
| Monday 6 May<br>3.20-4.30 pm                 | Junior School   |
| Tuesday 7 May<br>7.30-8.30 am                | Early Learning Centre   |
|  | 7.15 am-6 pmTuesday 30 April to<br>Friday 7 JuneWednesday 1 May<br>3.20-4.30 pmThursday 2 May<br>3.20-4.30 pmFriday 3 May<br>3.20-4.30 pmFriday 3 May<br>3.20-4.30 pmFriday 3 May<br>3.30-5.30 pmFriday 3 May<br>5-8 pmSaturday 4 May<br>8 am-12 noonSaturday 4 May<br>9.30-10.30 amMonday 6 May<br>3.20-4.30 pmMonday 6 May<br>3.20-4.30 pmTuesday 7 May |

| JS Photo Day #2  | Tuesday 7 May<br>8.30 am-3 pm   | Junior School                                    |
|--|---------------------------------|--|
| Year 5 netball and minkey training                           | Wednesday 8 May<br>3.20-4.30 pm | Junior School                                    |
| ELC Mothers' Day breakfasts                                  | Thursday 9 May<br>7.30-8.30 am  | Early Learning Centre                            |
| Years 3 and 4 netball and minkey training                    | Thursday 9 May<br>3.20-4.30 pm  | Junior School                                    |
| Walk Safely to School Day                                    | Friday 10 May                   |  |
| Transition and Years 2, 4 and 6 Mother<br>Daughter Breakfast | Friday 10 May<br>7-8.15 am      | Library Courtyard                                |
| Junior School 70th Birthday Assembly                         | Friday 10 May<br>1.30-3 pm      | Infants Amphitheatre                             |
| JS Production rehearsal                                      | Friday 10 May<br>3.30-5.30 pm   | Everett Hall                                     |
| ISDA Debating Octos 1  | Friday 10 May<br>5-8 pm         | Venue TBC  |
| IPSHA Saturday Sport   | Saturday 11 May<br>8 am-12 noon | See <u>Parent app</u> for team sheets and venues |
| JS Production rehearsal                                      | Saturday 11 May<br>2-4.30 pm    | Everett Hall                                     |
|  |                                 |  |

## **SENIOR SCHOOL**

| Boarder Travel Day  | Monday 29 April               |                                  |
|---|-------------------------------|----------------------------------|
| ANZAC Chapel  | Tuesday 30 April<br>8.20-9 am | Assembly Hall                    |
| Years 11 and 12 Lunchtime Futures<br>(Macquarie University) | Wednesday 1 May               | U5                               |
| Year 11 Art incursion                                       | Thursday 2 May                | GCSG                             |
| SS Special Assembly   | Thursday 2 May                | Assembly Hall                    |
| House Cross Country Carnival                                | Friday 3 May<br>12.30-3.20 pm | SS Synthetic Field and surrounds |
| Year 10 Coastal Management field trip                       | Monday 6 May                  | Long Reef/Collaroy               |
| Plain English Speaking Award – local<br>final competition   | Monday 6 May                  | Senior School                    |
| Boarders vs Day Girls sport 1                               | Monday 6 May                  |                                  |
| CIS Swimming Carnival – session 1                           | Monday 6 May                  |                                  |
| CIS Swimming Carnival – session 2 and<br>CIS Diving         | Tuesday 7 May                 |                                  |

| Year 10 Drama excursion to<br>No Pay? No Way!        | Wednesday 8 May              | Sydney Theatre Company                          |
|--|------------------------------|---|
| Year 10 PASS 1 excursion to ELC                      | Wednesday 8 May              | ELC   |
| Boarders vs Day Girls sport 2                        | Wednesday 8 May              |   |
| Year 9 PTI   | Wednesday 8 May              |   |
| Year 12 Ancient History excursion                    | Thursday 9 May               | Chau Chak Museum                                |
| 2024 Boarding Expo                                   | Friday 10 May                | Dubbo Regional Theatre and<br>Convention Centre |
| Year 7 History Ancient Egypt excursion               | Friday 10 May                | Australian Museum                               |
| Year 9 Elective History Maritime<br>Museum excursion | Friday 10 May                | Australian National Maritime<br>Museum          |
| Year 10 PASS 2 excursion to ELC                      | Friday 10 May                | ELC   |
| Boarders vs Day Girls sport 3                        | Friday 10 May                |   |
| 2024 Boarding Expo                                   | Saturday 11 May              | Dubbo Regional Theatre and<br>Convention Centre |
| Dubbo Community Event                                | Saturday 11 May<br>6-8.30 pm | Down the Lane, Dubbo                            |