When caring too much causes hurt

Mrs Megan Krimmer | Headmistress

All teachers and parents want children to flourish. We want them to be happy, to develop and grow, and to become the best young people they can possibly be. To be all of these things, young people need to develop resilience; however, sometimes our actions inadvertently result in completely different outcomes. I commend to you the wise insights contained in the article below written by Ms Sally Ruston.

Reduced resilience, lack of self-regulation and an inability to see solutions and be resourceful, are the very negative effects of ‘over parenting’ and ‘over teaching’.

These are the claims of the very well regarded Dr Judith Locke, a registered clinical psychologist and former teacher, who spoke to all Junior School teachers from Abbotsleigh, Arden, Barker, Knox, Kings and Tara this week. This passionate and experienced psychologist spent three hours helping us understand that when we are extremely responsive to our children’s needs both in the classroom and at home, we stymie the very thing we seek – happy, thriving, resilient children.

Good nurturing and parenting involves the setting of high but achievable expectations and being responsive to needs. Such actions enable children to grow into young adults who are confident, organised, have a strong sense of self-efficacy, are respectful and intrinsically motivated. Issues arise when the nature of our care moves to being ‘extremely responsive’ and expectations are low. So what does extreme responsiveness and over parenting look like? The following are examples shared both in Locke’s book, The Bonsai Child and in her presentation:

- Aiming for your child to be happy and successful all the time
- Viewing developmentally appropriate challenges as negative and to be avoided
- Believing that bad behaviour must have a psychological cause and is therefore always excusable
- Remaining child-centred, where all family decisions are based on your child’s wishes
- Providing an extraordinary childhood of abundance where every want for toys, clothes, technology, outings and fast food are habitually met
- Focusing on emotions by constantly examining your child’s feelings and seeking to determine the problem of any discomfort or mood swing. Look hard enough for an issue and eventually your child will produce one just to keep you happy
- Always believing your child – sometimes memories can be faulty, perceptions skewed and imaginations rampant
- Befriending the child to an extent that a parent wants the child to be very close to them, confide in them and see them as their best friend

In the school context such extreme responsiveness can occur when teachers work too hard to make work and success too easy, reward even when effort is minimal, step in and rescue too early when friendship squabbles arise, or rush in to solve problems before allowing the child opportunity to suggest solutions.

Interestingly, Locke made the point that over parenting, at face value, will always look like the most caring and right approach. Who would criticise the parent for praising, loving and rewarding their child? Who would take umbrage at the teacher who sets the child up to always be successful and provides regular rewards? Yet it is when any one of these actions is taken to extremes, with the intent of always ensuring the child’s constant...
NCCD on School Students with Disability
Ms Liz Cannon | Head of Education Services

Abbotsleigh is required to take part in the annual Nationally Consistent Collection of Data (NCCD) on school students with disability. The project is aimed at providing all Australian schools, education authorities and the community with a clear picture of the number of students with disability in schools and the adjustments they require to enable them to participate in education on the same basis as other students.

Data supplied to the Australian Government only includes the total number of students receiving adjustments, the level of adjustment and the type of disability. No student names or identifying information is included in the collection process. Please visit Public Information Notice for further information.

If you have any questions about the 2017 data collection please contact Liz Cannon, Head of Education Services, on 9473 7836.

Community

Why The Block contestants need the 10 commandments
Rev Jenni Stoddart | Chaplain

Have you noticed that to beef up their viewing numbers our reality TV shows always stoop to relationship conflict to catch our attention? Did Ronnie and Georgie cheat? This has been the latest ‘scandal’ on The Block. Now, like me, you might be thinking I am not sure that I really care. I don’t particularly care about The Block but I do care about truth, integrity and honesty. It seems rare to see these values recognised and upheld. Each day, we, our children and our community are inundated with competing visions of what the good life looks like and many of them are not much deeper that a slap of paint and a room reveal.

On Thursday night historian, author and speaker John Dickson will invite us to consider the influence of the 10 commandments on the West.

He writes:

Whether you are a believer or a doubter, I hope this book will provide more than an interesting account of the influence of the 10 commandments in moral decisions. I trust you will find a little inspiration for the good life itself – a life that, according to Moses and Jesus, transcends mere morality and leads to an experience of genuine ethical freedom. The 10 commandments may seem like an archaic, passé legal code with little relevance to modern life, but I hope I can show that this most ancient of Western traditions is as current as Google and Wiki.

If you want more for yourself, your family and your world than the latest colour chart from Dulux, come and join us this Thursday night to find out How the 10 Commandments Changed the West.

Year 7 2019 scholarships
Mrs Colleen Fenn | Registrar

To acknowledge and encourage excellence, Abbotsleigh offers the following scholarships that begin in Year 7 and offer up to 100% remission of tuition fees. Criteria such as school reports, examination results, financial need, personal interview and in the case of music scholarships, performance, are used to award scholarships.

• Open Academic Scholarship
• Betty Archdale Scholarship: needs based academic scholarship
• Jubilee Scholarship: academic scholarship for the daughter of an Abbotsleigh Old Girl
• Music Scholarship: academic scholarship awarded to an outstanding musician
• Endeavour Performance Scholarship: all round excellence awarded to a high achiever, whether it be in a sporting, dramatic, musical or public speaking field
• Indigenous Scholarship: boarding scholarship

A scholarship exam will be held on Saturday 21 October 2017 for Year 5 students wishing to apply for a Year 7 2019 scholarship. Online registrations are now open and close on Friday 13 October 2017.

Full details for scholarships may be found on the website under the enrolment tab. For more information, please contact the Registrar, Colleen Fenn on 9473 7744.

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When support is the enemy of resilience

Sally Ruston | Head of Junior School

As educators and parents sometimes our intent to be kind, helpful and expedient has the potential to rob our girls of opportunity for autonomy, independence and the chance to build self-efficacy. It seems tautological that in the very act of being of assistance to our children we simultaneously stymie the very thing we want for them; independence and resilience. Yet how often for the sake of preventing a challenge arising do we intervene and rob children of the opportunity to problem solve and overcome a difficulty? It is through experiencing success in managing progressively more challenging situations that we build self-efficacy, pride in our achievements and the certain knowledge that we can manage and succeed even when things go wrong.

The act of carrying a girl’s backpack is a selfless, generous one. Yet in doing so, she is robbed of the opportunity to build skeletal strength and bone density. These healthy outcomes are only had through weight-bearing exercises. We also run the risk of sending the message that we don’t believe she can cope. Certainly helping her with a checklist at home to ensure all equipment is packed is invaluable when such habits are not yet embedded.

In allowing your daughter to sit with the discomfort of managing without a forgotten item, she experiences at first hand the consequences of being disorganised. The necessity to build organisation skills is made evident and the will to change behaviour to ingrain new helpful habits is given purpose. We certainly do need to assist in scaffolding in how to be organised, such as recommending that items have a set ‘home’ and are always returned to this location for ease of retrieval.

Meeting your daughter at the classroom or in car line is a lovely gesture. Yet when would it be better for social skill development, physical exercise opportunities and independence raising that she walk to the village or take the bus or train as a means of meeting up with you? When equipment needs are minimal and your daughter is keen to shoulder responsibility such autonomy and independence is encouraged.

Doing up zips, buttons and laces certainly makes getting out of the house in the morning with little ones easier and faster. Yet the sense of independence and confidence had when a child is able to fully dress herself is palpable and a joy to witness. Giving time for these routines to develop with guided support and repetition of instruction are so important in this progressive growing of independence.

Getting homework completed can be a nightly chore and the temptation can be great to jump in, provide answers and expedite the process. Yet three negative outcomes result. Firstly, your daughter is robbed of the opportunity to build fluency and competence by completing the tasks independently. Secondly, she learns quickly that you don’t have faith in her ability. Finally, we at school assume that tasks completed to a 100% accuracy are too easy for her and thus increasingly more difficult activities are provided, setting her up for failure. We do see as invaluable the parents’ role in setting up a distraction-free space for homework and in finding the teachable moments when cooking and tinkering at home or when out and about at the beach, zoo, market garden trail or any other experiential learning context. It is in these very experiences that we build the robust self-esteem and resilience we know and believe is so important to our children’s wellbeing. To read more on how to go about creating an environment where your daughter’s social, emotional and physical wellbeing can thrive, I warmly commend to you the Head of Educational Services – Liz Cannon’s recent article here.

Book Parade and picnic lunch

Ms Sally Ruston | Head of Junior School

On Friday 15 September, our annual picnic lunch and Book Parade will take place. Parents are warmly invited to join us for a picnic from 12.45–2 pm. During this time, families may wish to purchase books at the Book Fair provided by Lindfield Children’s Bookshop and Koorong.

The Book Parade will commence at 1.40 pm. Girls are encouraged to dress as their favourite book character and are reminded that costumes devised from items already found at home are ideal. Girls are asked to come to school in their school uniforms and change into their book character costumes at the start of lunch. Students will change back into their school uniforms before leaving school.

We look forward to enjoying the focus on literature during Book Week, and to welcoming parents and special friends to the picnic and Book Parade. Please direct any queries about the Book Parade, picnic or book fair to Mrs Sue Krust.

Congratulations need to go to all of these girls for their commitment, enthusiasm and persistence in completing the Abbotsleigh Reading Challenge and Premiers Reading Challenge. Please direct any queries about the Abbotsleigh Reading Challenge to Sue Krust via email on or about the Premier’s Reading Challenge to Angeline De La Cruz via email.
UNSW ICAS English competition results
Sally Ruston | Head of Junior School

We are delighted with the results attained by girls in Years 3 to 6 who participated in the UNSW International Competition and Assessment for Schools (ICAS) English competition. The girls once again demonstrated a thorough knowledge and understanding of English. The high standard at which the girls are working was reflected with the awarding of 13 high distinctions, 68 distinctions and 149 credits and 81 merits.

The ICAS competitions are developed by Educational Assessment Australia (EAA) of the University of New South Wales and are conducted annually across Australia and in 20 other countries. ‘The International Competitions and Assessments for Schools provide extensive independent evaluations of students’ skills, knowledge and understandings in the core learning areas. These skills and understandings are important indicators of success in school and beyond,’ says Penny Hutton, senior manager – Assessment at EAA. ‘All students from Abbotsleigh Junior School are to be congratulated on their significant achievements.’ General information about ICAS is available by visiting the EAA website.

It is important to note that this is a competition and the girls are tested on content that is beyond the curriculum. One of the benefits of ICAS is that schools and students receive detailed diagnostic information about their overall performance. This information is placed in your daughter’s portfolio along with the competition paper and allows students to monitor their progress from year to year and identify individual strengths and weaknesses.

It is with great delight that we congratulate Charlotte Allan, Imogen Beletich, Sophie Choi, Nicole Gabonian, Anna Horner, Felicity Hu, Gillian Lawrance, Amber Li, Sophie Lim, Cindy Milleg-Morsingh, Charlotte Parasyn, Meredith Wang and Rachael Yoon who achieved a High Distinction in the UNSW ICAS English competition.

The following girls received Distinctions:
Year 3: Aurora Caie, Liana Chai, Lauren Dimitriopoulos, Anouk Hakewill, Cecilia He, Yvonne Hsiao, Zoe Lindgren, Vanessa Ton, Charlotte Whyburn, Melanie Wong.
Year 4: Harriet Chang, Charlee-Robyn Lightfoot, Evelyn Liu, Rhiannon Masters, Paisley Motum, Anika Niles, Laura Bogdanovic, Soraya Kaufmann, Fiona Yan, Qi Gong, Riya Jayakanthan, Grace Li, Sarah Magnussen, Emily McLaren, Abbey Taylor.
Year 5: Stella Aung, Alexandra Balog, Isabella Bradford, Poppy Burton, Sophia Chi, Katie Lee, Phoebe Lim, Sally Liu, Isabelle Pok, Sara Shah, Emily Sor, Emma Tan, Lily Thornthwaite, Anica Wong, Danielle Wu, Hannah Angus, Jaylise Beale, Grace Chen, Audrey Kennedy, Annette Lynch, Elin Wood, Aileen He, Alicia To.
Year 6: Anna Calthorpe, Sophie Cheung, Vivian Choi, Jeremiah Kim, Hayley Kwan, Dibu Li, Amadea Luong, Phoebe Luu, Lucija Saravanja, Julia Wedgwood-Oppenheim, Simone Wong, Gillian Harris, Cameron Graham, Elena Slonim, Monique Tran, Casey Yeung, Sophie Fox, Riya Garg, Abigail Leung, Sophie Taylor.

Photo Day 3
Ms Sally Ruston | Head of Junior School

A reminder that Photo Day 3 is to be held next week on Tuesday 19 September 2017. This will include House photos for all Junior School students. Listed below are the uniform requirements on the day, which we ask girls to pack and bring to school on Monday in readiness for the Tuesday photographs.

For the House photos all girls in Kindergarten to Year 6 are required to wear their sports uniform including House shirt and House colour hair ribbons. House Captains only may dress in other House coloured clothes.

For the following groups, full winter school uniform is required to be worn without the black felt hat:
Kindergarten starters who are about to finish Year 6, K’Nex group, Library Monitors, MANSW and STANSW Entrants, Robotics group, SDN Debating team, Service Committee, Stage Crew Primary and Infants, Tempus committee, Tournament of Mind teams and Year 4 friendly debating team.
For sporting groups to be photographed on this day uniform requirements are as follows:

<table>
<thead>
<tr>
<th>Sport</th>
<th>Uniform Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>IPSHA Athletics</td>
<td>Abbotsleigh Representative white polo shirt with black collar, black PE shorts, white sport socks and joggers</td>
</tr>
<tr>
<td>CIS Athletics</td>
<td>IPSHA polo shirt or singlet top, black PE shorts, white sport socks and joggers</td>
</tr>
<tr>
<td>PSSA Athletics</td>
<td>CIS polo shirt or singlet or Abbotsleigh Representative white polo shirt, black PE shorts/CIS shorts, white sport socks and joggers</td>
</tr>
<tr>
<td>CIS Cross Country</td>
<td>IPSHA polo shirt or singlet top, black PE shorts, white sport socks and joggers</td>
</tr>
<tr>
<td>PSSA Cross Country</td>
<td>CIS polo shirt or singlet top, black PE shorts/CIS shorts, white sport socks and joggers</td>
</tr>
<tr>
<td>IPSHA Gymnastics</td>
<td>White representative polo shirt and full PE tracksuit, white sport socks and Artistic Team joggers</td>
</tr>
<tr>
<td>CIS Swimming</td>
<td>IPSHA polo shirt or singlet top, black PE shorts, white sport socks and joggers</td>
</tr>
<tr>
<td>CIS Diving</td>
<td>IPSHA polo shirt or singlet top, black PE shorts, white sport socks and joggers</td>
</tr>
<tr>
<td>PSSA Diving</td>
<td>CIS polo shirt or singlet top, black PE shorts or CIS shorts, white sport socks and joggers</td>
</tr>
<tr>
<td>SSA Diving</td>
<td>White representative polo shirt or PSSA shirt, black PE shorts, white sport socks and joggers</td>
</tr>
<tr>
<td>Interschools</td>
<td>Abbotsleigh Representative white polo shirt with black collar</td>
</tr>
<tr>
<td>Regional Ski team</td>
<td>Ski team jacket (not mandatory), black tracksuit pants, white sport socks and joggers</td>
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<tr>
<td>Interschools State</td>
<td>Abbotsleigh Representative white polo shirt with black collar</td>
</tr>
<tr>
<td>Ski team</td>
<td>Ski team jacket (not mandatory), black tracksuit pants, white sport socks and joggers</td>
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<tr>
<td>Interschools National</td>
<td>Abbotsleigh Representative white polo shirt with black collar</td>
</tr>
<tr>
<td>Ski team</td>
<td>Ski team jacket (not mandatory), black tracksuit pants, white sport socks and joggers</td>
</tr>
<tr>
<td>Abbotsleigh Equestrian</td>
<td>Abbotsleigh Equestrian uniform</td>
</tr>
<tr>
<td>PSSA Hockey</td>
<td>CIS polo shirt or singlet top, black PE shorts or CIS shorts, white sport socks and joggers</td>
</tr>
<tr>
<td>PSSA Softball</td>
<td>CIS polo shirt or singlet top, black PE shorts or CIS shorts, white sport socks and joggers</td>
</tr>
<tr>
<td>IPSHA Saturday Sport</td>
<td>Abbotsleigh Representative white polo shirt with black collar, black shorts, short white sport socks and joggers</td>
</tr>
<tr>
<td>Basketball</td>
<td>Abbotsleigh Representative white polo shirt with black collar, black shorts, short white sport socks and joggers</td>
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<tr>
<td>Kanga Cricket/Cricket</td>
<td>Abbotsleigh Representative white polo shirt with black collar, black shorts, short white sport socks and joggers</td>
</tr>
<tr>
<td>Netball</td>
<td>Abbotsleigh Representative white polo shirt with black collar, yellow skirt, short white sport socks and joggers</td>
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<tr>
<td>Tennis</td>
<td>Abbotsleigh Representative white polo shirt with black collar, yellow skirt, short white sport socks and joggers</td>
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<tr>
<td>Touch Football</td>
<td>Abbotsleigh Representative white polo shirt with black collar, black shorts, short white sport socks and joggers</td>
</tr>
<tr>
<td>Dance teams</td>
<td>Abbotsleigh Representative white polo shirt with black collar, black dance pants, tracksuit top and Jazz shoes</td>
</tr>
<tr>
<td>Company A</td>
<td>Abbotsleigh Representative white polo shirt with black collar, black dance pants, tracksuit top and Jazz shoes</td>
</tr>
<tr>
<td>Company B</td>
<td>Abbotsleigh Representative white polo shirt with black collar, black dance pants, tracksuit top and Jazz shoes</td>
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</tbody>
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### Bright Futures in school holidays

**Miss Kate Grzanka | Deputy Head of Junior School**

The University of Technology Sydney (UTS) is again running a series of exciting as well as educational workshops targeting primary and early secondary school aged students in the October holidays. The Bright Futures program offers a combination of eye-opening experiences based around subjects studied at UTS, including Entrepreneurship, Engineering, Music and Communication/Public Speaking.

**3-6 October**

- **Tuesday 3 October** – **ABC for young entrepreneurs**
- **Wednesday 4 October** – **Engineering workshop: Reach for the Skies!**
- **Thursday 5 October** – **Music workshop: Composition, Percussion, Creativity**
- **Friday 6 October** – **Becoming a master in communication**

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### Junior School success in the Queen’s Essay competition

**Miss Kate Grzanka | Deputy Head of Junior School**

The Queen’s Commonwealth Essay Competition is the world’s oldest schools’ international writing competition. Abbotsleigh Junior School was proud to submit more than 30 entries this year from Years 3–6.

The 2017 competition theme was A Commonwealth for Peace, with topics that challenged young writers to consider peace at every level. Thousands of young people took part, writing stories, poems, essays, scripts and cartoons about this important and contemporary topic.

Congratulations to the following students who were awarded a bronze, silver or gold certificate.

- **Bronze:** Meave Churchyard, Alexandra Gavagna, Sara Shah and Anica Wong
- **Silver:** Sophia Chi and Isabel Stammers
- **Gold:** Riya Garg (pictured)
Year 1 visits the Royal Botanic Gardens
Mrs Peita van Bussel | Transition to Year 2 Coordinator

On Thursday 31 August, the students in Year 1 visited the Royal Botanic Gardens to complement their History and Geography units. The girls investigated a wide variety of local native plants, which provided the raw materials needed for survival by the first Australians. Our two Aboriginal Education Officers provided a cultural perspective of how Aboriginal people of the Sydney area used plants for food, medicine, tools and weapons, giving students a unique opportunity to meet and interact with members of our Aboriginal communities. The girls found out that part of the Botanic Gardens was a private garden for Mrs Macquarie, whose husband was Lachlan Macquarie, Governor of New South Wales from 1810 to 1821. The girls sat under a shelter made from sticks and paperbark and were shown different Aboriginal artefacts.

Honey Pot Specials
Mrs Marilyn Powell | JS Tuckshop Supervisor

**Special Lunch** for this coming week is Sweet and Sour Chicken with rice.

This meal is gluten free and made fresh in the Tuckshop.

**Volunteers** are needed on Tuesday 12 September and Thursday 14 September so please let me know if you are available to help. The roster for Term 4 will be out soon. If you would like to add your name to it please contact me at powellm@abbotsleigh.nsw.edu.au

Volunteering in Palmer Library
Mrs Sue Krust | Junior School Library HOD

**Book Covering**
We have a small team of regular helpers covering our books to protect and maintain them for as long as possible. We would be delighted to welcome additional parents to join these regular book covering parents on either of the below mornings:

- Tuesday morning: From 8-9 am
- Friday afternoon: Before pick-up from 1.30-3 pm

These covering sessions provide the opportunity to meet with other parents as well as allowing a sneak peek at the beautiful new books coming into the library. We hope you will be able to join us.

**Book Covering Working Bee**
Our Book Covering Working Bee will take place at the start of Term 4. Please keep an eye out for further details closer to the time.

Young Justice
Mrs Kylie George | Junior School Classroom Teacher

Our Year 6 girls enjoyed a day at the Supreme Court of NSW and the Law Society of NSW participating in the Young Justice Program. They heard from the Honourable Justice Geoffrey Bellew who spoke about his career and the challenges of residing over criminal cases. They also participated in four workshops, led by lawyers, highlighting local and global issues surrounding animal law, children’s rights and environmental law. The girls were encouraged to think about the role of the law in bringing about justice in our society and the ways they can make a difference on issues they are passionate about.

Junior School Dramatic Arts Recital
Ms Darcy-Lee Tindale | AbbSchool Speech and Drama Coordinator

Please join us for an evening of poetry, prose, and monologues from the Years 4 to 6 private drama students, and group-devised drama and musical theatre from Years 5 and 6 AbbSchool group drama students. The evenings are always enjoyable and promise a few laughs and lots of talent.

**Monday 18 September at 6.30 pm in Everett Hall**

Light refreshments will be served on the veranda of Everett Hall for family and friends from 6 pm. Doors will open at 6.15 pm for a 6.30 pm start.
A second language gives job seekers an edge

Mrs Marg Selby | Careers Advisor

Whether you are considering what subjects to study at school or at tertiary level, it should be remembered that having an additional language will greatly benefit your future employability prospects. In our increasingly globalised world, there is a diverse range of opportunities for speakers of an additional language. Language skills allow you to seek work both at home and abroad in areas as unrelated as law, healthcare, sales and hospitality.

We already know that one in five Australians, speak a language other than English at home and that Mandarin and Arabic are the most spoken languages in our community after English. Thus, doctors, dentists, nurses and other allied health care professionals who have an additional language are all in great demand by health employers. Lawyers who can communicate with their clients in their mother tongue are also highly regarded, as are childcare workers and teachers. Of course, anyone working in the tourism, aviation and travel industry is going to be more employable if they are not monolingual. IT workers know no geographical boundaries and so can work across borders if they can communicate not only in multiple programming codes, but also to speak another language. Online sales and real estate also are reliant on their employees being multi-lingual.

Thus, it is well worth considering the benefits of learning another language when you are considering your future study program. For other careers news, please go to the Careers webpage.

Catch a Rising Star

Sophie Looi | Year 10

Spreading the beauty and your passion for music through melodies and harmonies that mesmerise your audience, this is what it means to be a musician. On Friday 1 September, 13 girls from Years 5-12 had the privilege of performing in the Catch a Rising Star Gala Night Concert in the Peter Duly Concert Hall. The aim of this concert was to engage and inspire the audience through extraordinary music played by our talented young musicians.

From Adderley to Haydn to Khachaturian, music of various genres was performed with technical finesse and virtuosity. All those hours of practice were put to the test and resulted in a series of stunning performances, highlighting the musical talent of Abbotsleigh girls. Challenging double stops, fast decorative passages and notes in register extremes were all handled with poise and technical sophistication. The setting of the Concert Hall, an encouraging audience and simply the opportunity to perform for an attentive crowd was what made this occasion even more special for all the musicians.

Being a musician and having the opportunity to perform publicly can be nerve-wracking but, despite any anxiety, all performers played the best they could, with an aim to connect with the audience through the music produced.

This was simply an amazing concert, performed by the talented musicians of our School and a depiction of young musical mastery – congratulations to all performers. I sincerely hope our music reached you, the audience. After all, as French poet and playwright Victor Hugo stated, “Music expresses that which cannot be said and on which it is impossible to be silent.”

Many thanks to Ms Harding and the music staff for organising the concert and providing the opportunity for Abbotsleigh’s young musicians to perform, as well as all the accompanists who gave their time to support the performers.

Curtain up

Ms Darcy-Lee Tindale | AbbSchool Speech and Drama Coordinator

Please join us for an evening of poetry, prose, musical theatre, mono and duologues, short-scripted and group-devised drama from the Year 7 and 8 AbbSchool drama students on Tuesday 19 September 7 pm at the Peter Duly Concert Hall.

Light refreshments will be served in the foyer of the Peter Duly concert hall for family and friends from 6.30 pm. Doors open at 6.45 pm for a 7 pm start.

These evenings are always enjoyable and promise a few laughs and lots of talent.

We look forward to your company.
Beehive Specials
Mrs Marilyn Powell | Tuckshop Supervisor
Specials for this coming week are:
• Tandoori chicken curry, tandoori tofu, veg curry.
Volunteers are needed for the next two Mondays.
Please contact the tuckshop if you can help.

Thank you
Thank you to everyone who helped make our 2017 Leather and Laces Sports lunch possible, raising record funds for Indigenous scholarships.

Read more

The Escape Room
To celebrate this year's book week theme the Betty Archdale Library staff organised an Escape Room as a fun, problem solving challenge.

Read more

Year 12 HSC Booklists for 2018
Ms Angela Brownlee | SS Staff Services Staff
Campion Education would like to let you know that booklists for Year 12 (HSC) are now available and can be completed online at www.campion.com.au Please place your order by Friday 15 September 2017 for home delivery before Term 4 commences.
When ordering online you will need to use the following access code: N7C7
Or simply click on this link: Year 12 2018
All orders placed online are delivered to your home, office or designated address. The parcels will be delivered the week ending 6 October 2017.
Placing your order online by the due date is the best way to ensure students will receive all available items in time for Term 4.
Wishing all new HSC students the best!

The Ten Commandments
In this presentation for parents, Dr John Dickson will explore how these 10 ancient instructions have changed our world and how they show us what ‘the good life’ looks like. Thursday 14 September, 7 pm.

Read more

Year 5 Father Daughter Bush Dance
Dads and daughters are warmly invited to attend a fun evening of bush dancing. Please feel free to invite a grandfather, uncle, big brother or special family friend if dad is unavailable. Wednesday 20 September, 7 pm.

Read more