

ABBOTSLEIGH AQUATIC CENTRE

LAP SWIMMING AND AQUA AEROBICS CLASSES TERM 1 2018

Monday 29 January – Sunday 15 April 2018

*For information and enquiries please call the Abbotsleigh Aquatic Centre on 9473 7830 or email aquaticcentre@abbotsleigh.nsw.edu.au

| <u>LAP SWIMMING TIMES</u> | | | <u>AQUA FITNESS CLASSES</u> |
|---------------------------|------------------|----------|---|
| MONDAY | 7.00pm – 8.15pm | 3 Lanes | 1.30pm Shallow / Deep (Justine) 6.30pm (Pam) |
| TUESDAY | 8.00am – 11.00am | | |
| WEDNESDAY | 8.00am – 9.50am | 6 Lanes | 9.00am Deep Water (Halyna Essing) |
| THURSDAY | 7pm – 8pm | 4 lanes | |
| FRIDAY | 8.00am – 9.50am | 6 Lanes | 8:00am Shallow & Deep (Pam Morris) |
| SATURDAY | 12 noon – 5.00pm | 3+ Lanes | (only 1 x 25m lane 3-5pm Sat) |
| SUNDAY | 9.00am – 5.00pm | 3+ Lanes | (only 1 x 25m lane 3-5pm Sun) |

*Changes to the above schedule may occur and will be posted on the Aquatic Centre digital screen and on the Abbotsleigh website.

Entrance Fees:

- **Adult \$6.00** Swim Pass \$60.00 (11 visits)
- **Tertiary Student / Concession or Child \$5.00** Swim Pass \$50.00 (11 visits)
- Abbotsleigh Students and U/5yrs Free
- Children under 10 years of age must be accompanied and supervised by an adult.

Aqua Classes

- Monday 1.30pm (Justine) / Monday 6.30pm (Pam)
- Wed 9.00am Deep water (Halyna)
- Friday 8:00am (Shallow / Deep) Pam
- \$14.00 Casual Visit / \$120.00 10 Visit Aqua Pass

Adult Swim Squad

- Wednesday 8:45 am
- Friday 8:45 am
- \$14.00 Casual Visit / \$120.00 10 Visit Squad Pass